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## International Yoga Festival, Rishikesh, March 1-7,

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Located in an idyllic spot in the foothills of the Himalayan Mountains, each year the town of Rishikesh hosts a week-long International Yoga Festival. This year the event is being jointly organized by Parmarth Niketan and Uttarakhand Tourism (Govt of Uttarakhand). In addition to daily yoga sessions led by expert teachers, visitors to the festival can learn more about this ancient art through a programme of workshops, lectures and live demonstrations.

For more information and travel suggestions/arrangements to Rishikesh please write to us at [info@rishikesh.biz](mailto:info@rishikesh.biz) This e-mail address is being protected from spam bots, you need JavaScript enabled to view it

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